All 401k participants can view their loan amount availability on the Empower website. The plan does have limits and requirements depending on the amount of funds that are in the account. Once the loan amount is determined, the participant can discuss payment amounts and the length of the loan with Empower. A loan form may be required and the signature for approval is then made here at corporate.

If the participant does not have enough funds to loan, they have other options like a withdrawal. A withdrawal is subject to taxes and a penalty tax for early withdrawal.

Please follow this link to Empower to login to your account.
https://retire.massmutual.com/participant/public/Login.aspx

Should you require assistance logging on to the Empower's website please contact them direct at 1-800-743-5274.